

# POTENTIAL HEART PROBLEMS

## TAFINLAR® (dabrafenib)/MEKINIST® (trametinib)

Combination for Melanoma

*Report immediately to your oncologist's office*

### What are the symptoms?

- Chest pain
- Changes in energy level or shortness of breath while resting or when active
- Frequent coughing or wheezing (making a whistling sound while breathing)
- Swelling in the legs or ankles
- Feeling that your heart is skipping a beat, fluttering, or beating too hard or too fast
- Dizziness
- Fainting
- Excessive sweating

### What you should tell your oncology team member:

- When you started to have any of these symptoms, how severe they are, and how long they have lasted.
- If you had any of these symptoms before you started Tafinlar/Mekinist.
- If you have been told in the past that you have a heart condition.

### Red flags – Call your oncologist's office immediately – if they are not available, go directly to the Emergency Room.

- Sudden onset of these symptoms.
- Any chest pain.
- Difficulty breathing.
- Fainting.

### Managing Your Side Effects

- Follow your oncology team's instructions for tests on your heart.
- Be sure to drink enough liquids to stay hydrated.
- Avoid drinking alcohol or taking drugs that affect the heart or brain (such as marijuana, sleeping pills, or stimulants) unless told to do so by your healthcare providers.
- If you are on any medications for your blood pressure or your heart, be sure to take them as ordered and not miss any doses.
- Follow a healthy lifestyle to take care of your heart as well as your body.