

# PITUITARY GLAND PROBLEMS

**OPDIVO® (nivolumab)/YERVOY® (ipilimumab)**  
Combination for Melanoma

*Report immediately to your oncologist's office*

## What are the symptoms?

- Changes in your energy level (more tired)
- Nausea/vomiting
- Headache
- Dizziness
- Confusion, drowsiness, feeling "foggy"
- Problems with your vision
- Fever
- Changes in sexual function

## What you should tell your oncology team member:

- When you first noticed the symptoms above.
- How severe the symptoms are.
- If the symptoms are interfering with your daily activities.
- A list of medications and supplements you're taking.
- If you've ever had pituitary problems before.
- What you have tried at home to manage the symptoms.

## Red flags – Call your oncologist's office immediately – if they are not available, go directly to the Emergency Room.

- If you have severe head pain with vision changes, fever, nausea and vomiting, feeling "foggy," and/or very tired.
- Note: Remind healthcare providers outside the oncology team that you are receiving immunotherapy for your melanoma and it can affect your pituitary gland. This is particularly important if they are planning any scans of your head/brain.

## Taking care of your pituitary gland:

- Eat a healthy diet and exercise regularly.
- Continue taking any thyroid supplements you were prescribed prior to starting cancer therapy.