

KIDNEY PROBLEMS

OPDIVO® (nivolumab)/YERVOY® (ipilimumab)
Combination for Melanoma

Report immediately to your oncologist's office

What are the symptoms?

- Changes in how often you urinate
- Pain or hesitation when you urinate
- Changes in the color of your urine, blood in your urine

What you should tell your oncology team member:

- When you first noticed the changes in urination and if the changes came on slowly or suddenly.
- What the color of your urine is (light, dark) and whether you've noticed blood in it.
- If your urine is foamy or bubbly.
- How often you are urinating.
- If you are having any trouble urinating.
- How much and what you are drinking each day.
- If you have pain in your lower stomach or back:
 - Sharp or dull.
 - Constant or it comes and goes.
- If you also have nausea or vomiting (throwing up).
- If you have a headache and/or a general feeling of being unwell.
- If you have swelling in your ankles.
- If you have a fever.
- If you have lost your appetite.
- If you've ever had urinary tract infections or kidney problems before.
- If the symptoms are interfering with your daily activities.
- A list of medications and supplements you're taking.
- What you have tried at home to manage the symptoms.

Red flags – Call your oncologist's office immediately – if they are not available, go directly to the Emergency Room.

- If symptoms come on suddenly and you are in intense pain, have a high fever, or can't stop vomiting.

Taking care of your kidneys:

- Drink lots of fluids every day to flush your system out.
- Avoid alcohol and caffeine.