

FLU-LIKE SYMPTOMS, FEVER WITH OR WITHOUT CHILLS

IMLYGIC[®] (talimogene laherparepvec; T-VEC)

for Melanoma

Report immediately to your oncologist's office

What are the symptoms?

- Temperature of 101.0°F or higher for more than 1 day
- Stomach upset/throwing up
- Chills
- Aches and pains
- Tiredness

What you should tell your oncology team member:

- What your temperature reading is.
- When the fever started and how long it has lasted.
- If you have any other symptoms, such as chills, stomach upset, vomiting, aches and pains, and feeling tired or just unwell.
- How much and what you have been drinking over the past 24 hours.
- If you have recently been around people with colds/flu or animals, or if you have traveled nationally or internationally.

Red flags – Call your oncologist's office immediately – if they are not available, go directly to the Emergency Room.

- You've been throwing up for over a day or there is blood in your vomit.
- If you have a fever over 104.0°F.
- You faint.
- You are dizzy and confused.
- Your heart feels like it is racing and you are breathing fast.

Managing Your Side Effects

- With the approval of your oncologist's office, take over-the-counter pain relievers such as acetaminophen (Tylenol[®]) or ibuprofen (Advil[®], Motrin[®]) every 6 hours until the fever goes away. Don't take more than 3,000 mg a day of acetaminophen or 2,400 mg a day of ibuprofen.
- Before your second treatment, take any medications your oncology team has prescribed such as acetaminophen or ibuprofen to prevent the flu-like symptoms.
- The night of treatment, consider using a heating blanket or multiple blankets to reduce the effect of any chills.
- Plan rest periods and some light exercise daily (like walking or yoga) to combat tiredness.
- Take a cool or slightly warm bath or put cool compresses or a cold pack on your forehead and neck to bring your fever down.
- Use warm packs and heated blankets if you have chills.
- Drink water and other liquids such as juice and sports drinks (Gatorade[®], Powerade[®], and Pedialyte[®]) or suck on popsicles to prevent dehydration.