

# FEVER, WITH OR WITHOUT CHILLS

**COTELLIC<sup>®</sup> (cobimetinib)/ZELBORAF<sup>®</sup> (vemurafenib)**  
Combination for Melanoma

*Report immediately to your oncologist's office*

## What are the symptoms?

Temperature of \_\_\_\_\_°F or higher or chills without a fever

### What you should tell your oncology team member:

- What your temperature reading is.
- When the fever started and how long it has lasted.
- What type of thermometer you used to take your temperature.
- If you have chills, stomach or breathing problems, feel dizzy when you stand up quickly, feel very tired, and/or have not been going to the bathroom (urinating) as much as you usually do.
- How much and what you have been drinking over the past 24 hours.
- If you have recently been around people with colds/flu or animals, or if you have traveled nationally or internationally.

### Red flags – Call your oncologist's office immediately – if they are not available, go directly to the Emergency Room.

- A fever over 104.0°F.
- Any fever and passing out or feeling faint.

### Managing Your Side Effects

- If approved by your oncologist's office, take over-the-counter pain relievers such as acetaminophen (Tylenol<sup>®</sup>) or ibuprofen (Advil<sup>®</sup>, Motrin<sup>®</sup>) every 6 hours until the fever goes away. Don't take more than 3000 mg a day of acetaminophen or 2400 mg a day of ibuprofen.
- Take a cool or slightly warm bath.
- Put cool compresses or a cold pack on your forehead and neck.
- Drink water and other liquids such as juice and sports drinks (Gatorade<sup>®</sup>, Powerade<sup>®</sup>, and Pedialyte<sup>®</sup>) or suck on popsicles to prevent dehydration.